

BELLE HELENE TARTLET

MODERN TARTLET WITH DARK CHOCOLATE AND PEAR (DOSES FOR 50 TARTLETS)

DIFFICULTY LEVEL B B







ALMOND SHORTCRUST

INGREDIENTS		PREPARATION
TOP FROLLA	g 1400	Mix all the ingredients in the planetary mixer with the flat beater.
UNSALTED BUTTER 82% FAT - ROOM TEMPERATURE	g 375	Roll the shortcrust between two baking papers and laminate it to the thickness of 3 mm and put
EGGS	g 225	to rest in the refrigerator.
AVOLETTA	g 300	Line the micro perforated molds for single portion tartlets with 7 cm diameter.
		Bake in a convection oven at 170°C for the first 5 minutes, then lower the temperature at 160°C
		for 10-13 more minutes with open valve.

CRISPY LAYER

INGREDIENTS	PREPARATION
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To Taste Heat at 35°C PRALIN DELICRISP NOIR. PRALIN DELICRISP NOIR - WARMED AT 35°C



CUSTARD CREAM

INGREDIENTS	PRI	REPARATION
MILK 3.5% FAT	g 500 M	fix with the whisk the cold yolk, SOVRANA and 100g of milk.
SUCROSE	g 150 Br	ring to a boil the remaining part of the milk with the sugar, add the mixture to it and continue
SOVRANA	g 40 cc	ooking until boiling again
EGG YOLKS	g 50	
FRUIT INSERT		
INGREDIENTS		
FRUTTIDOR PERA To	Taste	
CREAMY TOPPER		
INGREDIENTS	PRI	REPARATION

To Taste

DECORATION

CHOCOCREAM DARK - MELTED AT 40°C

INGREDIENTS

FRUTTIDOR PERA To Taste



Fill the silicone molds TRB02 Silikomart for 3/4and put in the shock freezer until cool.

FINAL COMPOSITION

Using a little spatula or a kitchen brush, spread a fine layer of PRALIN DELICRISP NOIR into each internal surface of the tartlet. This will protect the crunchiness of the tarlet.

Fill the tartlet making two equal layers, one of FRUTTIDOR PERA and the other one of custard cream.

Unmold the creamy topper and place it on the tartlet's surface.

Decorate with little cubes of FRUTTIDOR PERA, DOBLA BUTTERCUP 78227 and golden leaves

RECIPE CREATED FOR YOU BY ANTONIO LOSITO

PASTRY CHEF AND GELATO MAKER

