



ALMOND AND CARDAMOM SHORTBREAD GLUTEN FREE

GLUTEN FREE SHORTCRUST PASTRY WITH ALMOND AND CARDAMOM FLAVOR

DIFFICULTY LEVEL



ALMOND AND CARDAMOM SHORTBREAD GLUTEN FREE

INGREDIENTS

TOP FROLLA GLUTEN FREE	g 1000
ALMOND FLOUR	g 200
UNSALTED BUTTER 82% FAT	g 320
EGGS	g 200
RAW SUGAR	g 50
SALT	g 5
CARDAMOM	g 2

FINAL COMPOSITION

- Mix all the ingredients in a planetary mixer with the leaf.
- Roll out the pastry between 2 sheets of baking paper and roll it to the desired thickness and place in the refrigerator to rest for at least 2 hours.
- Bake as usual (for shortbread biscuits 6mm thick, bake in a convection oven for 10 minutes at 160 ° C and another 10 minutes at 150 ° C)

RECIPE CREATED FOR YOU BY MARCO DE GRADA

PASTRY CHEF, CHOCOLATIER AND BAKER

AMBASSADOR'S TIPS

It's possible to substitute AVOLETTA with DELINOISETTE