BABÀ CHERRY LOVE



BABÀ DOUGH

INGREDIENTS		PREPARATION
DOLCE FORNO MAESTRO	g 500	In a stand mixer with hook mix DOLCE FORNO MAESTRO, flour, salt, yeast and only 600
MANITOBA FLOUR	g 500	grams of cold eggs.
YEAST	g 25	Knead at speed 2 for about 10 minutes until a good gluten mesh is formed.
SALT	g 15	Continue adding the remaining eggs a little at time until completely absorbed, yoy will get a very
EGGS	g 1050	soft but elastic mixture.
UNSALTED BUTTER 82% FAT - SOFT	g 270	Finally add the butter with a soft consistency in two or three times.
		Leave the dough to rise in a leavening room at 28-30°C for about 1 hour and in any case until it
		has doubled in volume.
		Mix again with a hook for another 4-5 minutes.
		Dress the dough in cylindrical moulds with central hole.
		Let the dough rise in a leavening cell at 28°C max for about 1 hour.
		Bake in a ventilated oven at 170° C for about 20 minutes.
		Once out of the oven, remove the babà from the moulds and let it cool down.



STRAWBERRY AND VANILLA SYRUP

INGREDIENTS		PREPARATION
WATER	g 600	Mix all the ingredients and bring to the boil.
STRAWBERRY PURÉE	g 100	
CASTER SUGAR	g 400	
VANILLA BEANS	2 baccelli	

CRUNCHY RED FRUIT FILLING

INGREDIENTS

CHOCOCREAM CRUNCHY FRUTTI ROSSI

CREAM BASE

INGREDIENTS	PREPARATION
EGGS g 8	Mix eggs with sugar.
CASTER SUGAR g (Separatedly, mix corn starch with water.
CORNSTARCH g 2	Combine the two blends using an immersion mixer until you reach a soft and velvety texture.
WATER g !	Use immediately or store in the refrigerator.



CREAM WITH CHERRIES

INGREDIENTS		PREPARATION
BASE CREAM	g 220	Add the base cream to 200gr of cherry puree (you can also use the black cherry puree) and
- CHERRY OR BLACK CHERRY PUREE	g 280	bring to a boil.
		Cook for 3 minutes until the starch is completely cooked.
		Add the remaining pure cherries (80gr), while mixing well.
		Pour over a baking sheet with baking paper, cover and let it cool down quickly to 4°C.
		Before the use, remove from the refrigerator and mix until you reach a smooth and velvety
		texture.

CHANTILLY WITH STRAWBERRIES

INGREDIENTS		PREPARATION
STRAWBERRY PURÉE	g 450	Hydrate the jelly with water.
SINFONIA CIOCCOLATO BIANCO 33%	g 570	Bring the strawberry purèe to a boil and pour the mixture (while still warm) on the melted white
LIQUID CREAM 35% FAT	g 1000	chocolate to obtain a good emulsion.
GELATIN POWDER OR SHEETS 200 BLOOM	g 4	Add the melted gelatine and mix with a dip mixer. Add the liquid cream.
WATER	g 24	Refrigerate for at least 8 hours to let it crystallize.

RASPBERRY COMPOTE

INGREDIENTS		PREPARATION
FRUTTIDOR LAMPONE	g 400	Mix FRUTTIDOR LAMPONE with an immersion mixer and add the LILLY NEUTRO hydrated
LILLY NEUTRO	g 60	with water.
WATER	g 60	



INGREDIENTS

- CHERRY OR BLACK CHERRY PUREE	g 400
CASTER SUGAR	g 50
PECTIN	g 8
- CITRIC ACID	g 1

FINAL COMPOSITION

Dip the babà into the strawberry and vanilla hot syrup (40-45°C)

Squeeze them slightly to remove the exceeing syrup and put them on a grid to drain.

Fill the babà with the crunchy red fruit filling and the cherry cream.

Place in the center a disc of raspberry compost.

With a sac à poche pour a tuft of strawberry Chantilly over the stuffed baba.

Decorate the single portion with cherry jelly and Dobla's HEART SEAL.

PREPARATION

Heat the puree with the sugar until it reaches 40°C, pour the sugar and pectin into the
mixture while mixing well.
Bring to a boil for 2 minutes.
Add the citric acid.
Pour into spherical silicone moulds and place in blast chiller.

