# CARAMEL DELIGHT



# DELICIOUS TART WITH SINFONIA CARAMEL ORO CHOCOLATE.

DIFFICULTY LEVEL

### SHORTCRUST

INGREDIENTS		PREPARATION
TOP FROLLA	g 1050	Mix all the ingredients in the planetary mixer with paddle, until a homogeneous consistency, put
UNSALTED BUTTER 82% FAT	g 260	in the fridge to rest for 1h.
EGGS	g 175	Stretch to 4mm and fill the tart molds.
ALMOND FLOUR	g 115	
SUGAR	g 90	
SALT	g 4	

#### **CARAMEL FINANCIER**

INGREDIENTS		PREPARATION
AVOLETTA	g 500	Mix all the dry ingredients with a whisk.
VIGOR BAKING	g 3	Stirring constantly add the egg white and finally the butter previously combined with the
ALL-PURPOSE FLOUR	g 50	chocolate, until obtained a smooth batter.
CORNSTARCH	g 30	
EGG WHITES - MELTED AT 45°C	g 370	
UNSALTED BUTTER 82% FAT - MELTED AT 45°C	g 80	
SINFONIA CIOCCOLATO CARAMEL ORO - MELTED AT 45°C	g 150	



#### **CARAMEL ORO CREMEUX**

INGREDIENTS		PREPARATION
SINFONIA CIOCCOLATO CARAMEL ORO	g 220	Make a crème anglaise by combining the liquids and the egg yolk, bringing everything to 82°C
EGG YOLK	g 50	Add the LILLY and the chocolate and emulsify.
LILLY NEUTRO	g 25	Pour into silicone mold and freeze.
MILK 3.5% FAT	g 125	
LIQUID CREAM 35% FAT	g 125	

#### **CARAMEL ORO MIRROR**

INGREDIENTS		PREPARATION
WATER - FOR THE GELATINE	g 132	Bring water, sugar and glucose to 103 degrees.
GELATIN POWDER OR SHEETS 200 BLOOM	g 22	Add the rehydrated gelatin with the water, the condensed milk and the chocolate
WATER	g 150	Refrigerate overnight .
SUGAR	g 300	
GLUCOSIO	g 300	
SKIM CONDENSED MILK	g 200	
SINFONIA CIOCCOLATO CARAMEL ORO	g 250	

#### FINAL COMPOSITION

Spread some FARCIFORNO ARANCIA CESARIN on the pastry base. Half fill the shortcrust tart with the financier, cook at 175°C for 18-20min. Unmold the cremeux and glaze it with the mirror heated to 37°C Place the cremeux on the tart, decorate with DOBLA decorations.



## RECIPE CREATED FOR YOU BY FEDERICO VEDANI

CHOCOLATIER AND PASTRY CHEF

