CARBONARA BRAIDS



PUFF PASTRY

INGREDIENTS		PREPARATION
GRANSFOGLIA	Kg 1	mix gran sfoglia with cold water, roll out and leave to rest covered in the fridge for at least 4
WATER - COLD	g 480	hours.
	g 700	flake with the butter into plates and, alternating rests of 1 hour, fold 4 by 4.
		roll out to about 3mm and use to insert the filling, cut, and cook at 180 degrees for about 20
		minutes.

SHEET DOUGH

INGREDIENTS		PREPARATION
PANDORA SALATA	Kg 1	Mix salted pandora with yeast and cold water until you obtain a smooth dough
FRESH YEAST	g 60	spread out on a baking tray, cover and blast chill, leaving to rest in the fridge
WATER - COLD	g 450	insert the already formed puff pastry block (750g) and give a 3 and a 4 fold,
- PUFF PASTRY ALREADY DONE	g 750	let it rest for a couple of hours and roll out to 3 mm
		create strips: approximately 3cm x 8cm, cut inside and create braids.
		leave to rise at 28 degrees for approximately 2 hours.
		cook at 170 degrees for approximately 15 minutes



CARBONARA CREAM

INGREDIENTS		PREPARATION
CREMA SNACK	g 50	Whip up the snack cream with milk and cream, then add the other ingredients
FRESH FULL-FAT MILK (3,5% FAT)	g 100	place some cooked braids in the upper part, with additional parmesan and crispy bacon
LIQUID CREAM	g 100	
PASTEURIZED YOLK	g 20	
- PARMIGIANO	g 20	
SALT - NUTMEG, PEPPER	To Taste	

FINAL COMPOSITION

decorate the braids with the cream in the centre, and add the crispy bacon together with further cheese and pepper

RECIPE CREATED FOR YOU BY CIRO CHIUMMO

PASTRY CHEF

AMBASSADOR'S TIPS

TO COMBINE WITH THE RAVIFRUIT WHITE PEACH COCKTAIL: 60ML RAVIFRUIT WHITE PEACH PUREA, 30ML ORANGE JUICE, 10ML LIQUID SUGAR, TONIC



Page 2 of 2