

CHOCOCARAMEL MOUSSE

MODERN CAKE

DIFFICULTY LEVEL B B B





WHITE ROLLÈ

INGREDIENTS		PREPARATION
IRCA GENOISE	g 1000	In a planetary mixer with a whisk attachment, whip all the ingredients together at high speed for
EGGS - AT ROOM TEMPERATURE	g 1200	10-12 minutes.
HONEY	g 100	Spread the whipped mixture in 8mm layers onto parchment paper sheets, then bake for 8
		minutes at 210-220°C (closed valve).

CHOCOLATE MOUSSE

INGREDIENTS		PREPARATION
LILLY CIOCCOLATO	g 200	Whip all the ingredients in a planetary mixer at medium speed, until you obtain a mousse with an
WATER	g 300	airy structure.
LIQUID CREAM 35% FAT	g 1000	



ZABAGLIONE MOUSSE		
INGREDIENTS		PREPARATION
LIQUID CREAM 35% FAT	g 1000	In a planetary mixer with a whisk attachment whip and stabilize the cream with water and LILLY,
WATER	g 200	until soft peaks form.
LILLY NEUTRO	g 200	Combine with flavouring paste until you get a soft mousse.
PASTA ZABAIONE	g 60	
CRUNCHY INSERT		
INGREDIENTS		PREPARATION
PRALIN DELICRISP CLASSIC - HEATED TO 30°C	g 300	Spread a thin layer of PRALIN DELICRISP between two sheets of parchment paper.
		Refrigerate for 1 hour.
		When cold, cut it with a steel ring smaller than the cake mould you are going to use.
		Freeze until you need to use it.
FROSTING AND DECORATION		
INGREDIENTS		
MIRROR CARAMEL - HEATED TO 50°C	g 200	
COCOA MACARON SHELLS		
INGREDIENTS		PREPARATION
AVOLETTA	g 250	In a planetary mixer fitted with a whisk attachment, whip the egg whites and the Caster sugar,
CONFECTIONER'S SUGAR	g 100	until you get a weel-airy mass.

g 25

In a separate bowl, mix the remaining ingredients.



CACAO IN POLVERE

EGG WHITES

SUGAR

FINAL COMPOSITION

Use the chocolate mousse to half-fill a silicone mould for cakes.

Place a disc of crunchy insert and then lay a disc of rollè onto it.

Put in a blast chiller for a short time, then cover with some zabaglione mousse.

Place another disc of crunchy insert and close with a disc of rollè.

Put in a blast chiller until fully hardened and frozen.

Unmold and glaze with MIRROR CARAMEL.

Decorate using the macaron shells.

g 120

g 25

Use a spatula to gently combine the due mixture in two-three times, without deflating the mass.

Transfer it in a pastry bag fitted with a plain round tip, then pipe the macarons in circles of 2-3 centimeters of diameter onto trays lined with parchment paper.

Gently tap the trays onto a flat surface in order to perfect the macarons' shape.

Wait for 5 minutes or until dry to the touch, then bake at 145 °C for about 12 minutes.

