CROISSAN WITH CRUNCHY FILLING - TROPICAL

CROISSANT DOUGH

INGREDIENTS		PREPARATION
DOLCE FORNO MAESTRO	g 3000	Use a double arm mixer.
WATER	g 400	Knead all the ingredients (except for the softened butter and the butter-platte) for about 20
MILK 3.5% FAT	g 300	minutes.
EGGS	g 450	Add softened butter and knead until obtaining a soft and velvet smooth dough.
SALT	g 30	Let the dough rest for 20 minutes, to let it start leaven and then place it in the blast chiller to have
YEAST	g 120	a better result during the folding.
JOYPASTE VANIGLIA MADAGASCAR/BOURBON	g 15	Laminate the dough with 1 kg of butter-platte, then make a 3-layer fold, then roll out again and
UNSALTED BUTTER 82% FAT - SOFT	g 300	make another 4-layer fold.
BUTTER-PLATTE	g 1000	Let the laminated dough rest in the fridge for 20 minutes, then cut it into triangles and roll them
		up to create the croissant.
		Place them onto trays and store into the proofer room for 5-6 hours at 26°C with relative humidity
		of 70%.
		Bake at 170-190°C for 15-18 minutes.

MANGO CREAM

INGREDIENTS		PREPARATION
EGGS	g 160	Mix the whole eggs with the sugar.
		Mix the starch with the water



CORNSTARCH WATER MANGO PURÉE g 55 Add 400 gr make sure g 540 Add the rer Place into a	r of mango puree and start cooking gently until boiling point. Cook for 3 minutes to the starch is completely cooked. Imagining defrosted puree (200 gr) mixing well. a tray, cover and cool down rapidly at 4°C. The starch is completely cooked. The starch is converted in the
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CRUNCHY CREAM

INGREDIENTS

CHOCOCREAM CRUNCHY TROPICAL g 20

STEP 4

INGREDIENTS

COVERDECOR PISTACCHIO	g 175
CHOCOCREAM PISTACCHIO	g 75

FINAL COMPOSITION

Fill the croissants with mango cream and tropical crunchy cream.

Glaze the croissants with the pistachio frosting.

Decorate with pistachio and with Dobla's CURVY LEAF GREEN.

