



FRUIT ICE CREAM WITH JOYLIFE PURAFRUTTA VEG

RECIPE TO MAKE A FRUIT ICE-CREAM

DIFFICULTY LEVEL



FRUIT ICE CREAM

INGREDIENTS

| | |
|------------------------|--------|
| FRESH FRUIT | g 2000 |
| WATER | g 1000 |
| JOYLIFE PURAFRUTTA VEG | g 900 |
| TOTAL | g 3900 |

PREPARATION

- Mix JOYLIFE PURAFRUTTA VEG and water with an immersion blender.
- Add fresh fruit and let the mixture rest for about 15 minutes and then whisk.
- It is possible to add lemon juice to enhance the taste of the fresh fruit.
- We suggest you to use fresh fruit or purée without added sugar.

STEP 2

PREPARATION

TO MAKE YOUR FRUIT ICE CREAMS

Download the PDF of the recipe where you will find ingredients and balancing to make fruit ice creams for all tastes.

AMBASSADOR'S TIPS

Use only fruit purée or cutted in small pieces without additional sugar

Fruit ice-creams with Joylife Purafrutta Veg - Only fresh fruit recipe

| Flavour | Fruit | Water | Joylife Purafrutta Veg | TOTAL WEIGHT |
|-----------------|-------|-------|------------------------|--------------|
| Apricot | 2000 | 1000 | 900 | 3900 |
| Sour Cherry | 1600 | 1400 | 900 | 3900 |
| Pineapple | 1600 | 1400 | 900 | 3900 |
| Watermelon | 2000 | 1000 | 900 | 3900 |
| Orange | 1400 | 1600 | 900 | 3900 |
| Banana | 1600 | 1400 | 900 | 3900 |
| Blackcurrant | 2000 | 1000 | 900 | 3900 |
| Strawberry | 2000 | 1000 | 900 | 3900 |
| Wildberries | 2000 | 1000 | 900 | 3900 |
| Kiwi | 2000 | 1000 | 900 | 3900 |
| Raspberry | 2000 | 1000 | 900 | 3900 |
| Lime | 1000 | 2000 | 900 | 3900 |
| Lemon | 1000 | 2000 | 900 | 3900 |
| Tangerine | 1400 | 1600 | 900 | 3900 |
| Mango | 1600 | 1400 | 900 | 3900 |
| Apple | 1600 | 1400 | 900 | 3900 |
| Melon | 2000 | 1000 | 900 | 3900 |
| Blueberry | 2000 | 1000 | 900 | 3900 |
| Blackberry | 2000 | 1000 | 900 | 3900 |
| Passion Fruit | 800 | 2200 | 900 | 3900 |
| Pear | 1600 | 1400 | 900 | 3900 |
| Peach | 2000 | 1000 | 900 | 3900 |
| Pink grapefruit | 1400 | 1600 | 900 | 3900 |