## FRUIT SMOOTHIES

## STEP 1

INGREDIENTS		PREPARATION
JOYQUICK FRAGOLA	g 1.250	Mix JOYQUICK with milk, mix with hand blender, add yoghurt. Pour the mix into the slush
FULL-FAT MILK (3,5% FAT)	g 3.000	machine with a specific program. Temperatures to be set can vary from min -4 C $^\circ$ to max -6C $^\circ$ .
LOW-FAT YOGURT	g 1.250	