

I LOVE CHOUX

DELIGHTFUL CHOUX WITH HEART SHAPE









HAZELNUT CRAQUELIN

INGREDIENTS		PREPARATION
ALL-PURPOSE FLOUR	g 130	In a planetary mixer mix all the ingredients until you get a shortcrust pastry.
DELINOISETTE	g 80	Spread between two sheets of silicone paper to 2mm thick, then cool for about 1/2 hour.
RAW SUGAR	g 140	Cut with the help of a heart-shaped cookie cutter and store in the freezer.
UNSALTED BUTTER 82% FAT - SOFT	g 150	

CHOUX DOUGH

INGREDIENTS		PREPARATION
DELI CHOUX	g 500	Mix at medium speed the ingredients in a planetary mixer with paddle for 10-15 minutes, until
WATER - 50-55°C	g 720	obtaining a smooth and lump-free dough.
		Dress on micro-perforated silicone making a heart shape, cover with craquelin and bake at 190
		^⁰ C for about 20 min.



CRUNCHY INSERT

PRALIN DELICRISP CARAMEL FLEUR DE SEL

To Taste
Spread between two sheets of silicone paper to 2mm thick, then cool down for about 1/2 hour.
Cut with a heart shaped cookie cutter and store in the freezer.

CARAMEL FILLING

INGREDIENTS

CHOCOCREAM CARAMEL FLEUR DE SEL

To Taste

WHITE CHOCOLATE & RASPBERRY NAMELAKA

INGREDIENTS		PREPARATION
MILK 3.5% FAT	g 500	Bring to a boil milk with glucose, add lilly and RASPBERRY PASTE, mix and pour on the white
GLUCOSIO	g 20	chocolate while continuing to mix. Finally add the cream
SINFONIA CIOCCOLATO BIANCO 33%	g 680	Leave to rest in the refrigerator for at least 4/6 hours
LIQUID CREAM 35% FAT	g 400	
LILLY NEUTRO	g 80	
PASTA AROMATIZZANTE LAMPONE	g 80	



FINAL COMPOSITION

Cut the hearts choux in half.

Fill the bottom of the choux with PRALIN DELICRISP.

Whip the namelaka with a whisk for a couple of minutes.

Fill the choux with tufts of namelaka.

Fill the tufts by adding some CHOCOCREAM CARAMEL FLEUR DE SEL and close.

Decorate with PETIT LOVE PINK DOBLA.

RECIPE CREATED FOR YOU BY FEDERICO VEDANI

CHOCOLATIER AND PASTRY CHEF

