

LACTOSE-FREE YOGHURT WITH STEVIA

YOGHURT GELATO

INGREDIENTS		PREPARATION
LACTOSE-FREE FRESH MILK	g 850	Mix lactose-free milk with JOYLIFE CREMASTEVIA and heat (40-50°C), mix with hand blender,
JOYLIFE CREMASTEVIA VEGAN	g 900	let the mixture rest and cool, add lemon juice, lactose-free yoghurt, then put in the batch freezer.
	g 2.000	
LEMON JUICE	g 50	
TOTAL	g 3.800	

