



LEMON AND POPPY SHORTBREAD GLUTEN FREE

GLUTEN FREE SHORTCRUST PASTRY WITH LEMON FLAVOR AND POPPY SEEDS

DIFFICULTY LEVEL



LEMON AND POPPY SHORTBREAD GLUTEN FREE

INGREDIENTS

TOP FROLLA GLUTEN FREE	g 1000
UNSALTED BUTTER 82% FAT	g 300
EGGS	g 150
POPPY SEEDS	g 100
PASTA AROMATIZZANTE LIMONE	g 30

FINAL COMPOSITION

- Mix all the ingredients in a planetary mixer with the leaf.
- Roll out the pastry between 2 sheets of baking paper and roll it to the desired thickness and place in the refrigerator to rest for at least 2 hours.
- Bake as usual (for shortbread biscuits 6mm thick, bake in a convection oven for 10 minutes at 160 ° C and another 10 minutes at 150 ° C)

RECIPE CREATED FOR YOU BY MARCO DE GRADA

PAstry CHEF, CHOCOLATIER AND BAKER

AMBASSADOR'S TIPS

It's possible to substitute AVOLETTA with DELINOISETTE