

# PANETTONE APRICOT AND CARAMEL

## DELICIOUS VARIATION OF THIS CLASSIC ITALIAN PASTRY.

DIFFICULTY LEVEL B B







## FIRST DOUGH

| INGREDIENTS     | PREPARATION  |
|-----------------|--|
| DOLCE FORNO     | g 6500 Put the Dolce Forno and 2/3 of the water in the mixer. When the gluten is almost elastic, add the |
| WATER           | g 3000 remaining water slowly, then the egg yolk and sugar, the yeast and finally the butter.            |
| UNSALTED BUTTER | g 1000 The final temperature of the dough should be between 26-28°C. Put the dough in a large buttered   |
| EGG YOLK        | g 500 oval bucket and put it in the leavening chamber at 20°C for 12-14h.                                |
| SUGAR           | g 300 The dough should quadruple its volume.   |
| YEAST           | g 35   |

### **GANACHE**

| INGREDIENTS                                    |                  | PREPARATION   |
|--|------------------|---|
| SINFONIA CIOCCOLATO CARAMEL ORO  APRICOT PURÉE | g 1500<br>g 1500 | Heat the apricot puree to 50°C and emulsify with a blender the melted SINFONIA CARAMEL ORO Let stand at room temperature overnight. |

## **SECOND DOUGH**

| INGREDIENTS     |        | PREPARATION   |
|-----------------|--------|---|
| DOLCE FORNO     | g 4500 | The following morning the dough should be quadrupled and slightly rounded.                |
| UNSALTED BUTTER | g 2000 | -Add the required quantities of DOLCE FORNO MAESTRO, puree to the evening dough and knead |
| EGG YOLK        | g 2000 | for 5-10 minutes.   |
| APRICOT PURÉE   | g 300  | -Once the ingredients have been absorbed, add the sugar, salt and a part of the egg yolk. |



| SUGAR                          | g 950  | -Then add the remaining egg yolk twice.   |
|--------------------------------|--------|---|
| HONEY                          | g 300  | -Separately create the mixture of soft butter and honey and incorporate it into the dough 4 times.    |
| SALT                           | g 100  | - incorporate the drops into the milk and the whole apricot fruit                                     |
| TUTTAFRUTTA ALBICOCCA CESARIN  | g 2000 | -Place the dough to point in a leavening cell at 28-30°C for 90 minutes.                              |
| GOCCIOLONI CIOCCOLATO AL LATTE | g 2000 | - Divide the dough into the desired sizes, (550g for 500g panettone, and 1100g for 1000g panettone)   |
|                                |        | then roll up and place on baking trays or boards and leave to rest for another 20 minutes at 28-30°C. |
|                                |        | -Roll up again and place in the appropriate paper moulds.   |
|                                |        | -Place in a leavening cell at 28-30°C with relative humidity of approximately 60-70% for 4-5 hours,   |
|                                |        | until the top of the dough reaches approximately 1 cm from the mould; if the cell does not have a     |
|                                |        | humidifier, keep the pastries covered with plastic sheets.  |
|                                |        |   |

### **DIPPING**

| INGREDIENTS                     |       | PREPARATION   |
|---------------------------------|-------|---|
| COVERDECOR WHITE CHOCOLATE      | g 120 | Melt the coverdecord white at 50 degrees, add the sinfonia caramel oro in tempera and dip the |
| SINFONIA CIOCCOLATO CARAMEL ORO | g 280 | panettone   |

### FINAL COMPOSITION

Once leavening is complete, leave the panettone exposed to the air for 20-25 minutes so that a skin forms on the surface.

- -With a sharp knife, make two superficial incisions forming a cross (the cuts to be made on the surface of the panettone must not be too deep and are necessary to give the finished product its characteristic and traditional shape).
- -Cut the four edges under the skin and insert a small knob of cold butter in the center of the panettone.
- -Cook at 165-185°C for variable times depending on the weight (approximately 35-40 minutes for 500 gram panettone, 50-60 minutes for 1000 gram panettone), until reaching 93-94°C at the core.
- -Upon exiting the oven, turn the panettone upside down, using the appropriate panettone turners.
- Freshly baked panettone must be left to cool upside down for 8-10 hours before packaging in moplefan bags.





## RECIPE CREATED FOR YOU BY **Oriol Portabella**

PASTRY CHEF

