

RUSTIC BREADSTICKS

SAVOURY LEAVENED PRODUCTS

DIFFICULTY LEVEL B B B





DOUGH

INGREDIENTS		PREPARATION
GRAN RUSTICO	Kg 5	Knead all the ingredients for about 15 minutes.
WATER	Kg 2.5	Shape the dough into a long loaf, cover it and let rise for 15-20 minutes at 28-30°C.
FRESH YEAST	g 175	
OLIVE OIL	g 200	

FINAL COMPOSITION

Cut the dough into strips and stretch each strip with your hands to shape a breadstick.

Place the breadstick onto a tray and let rise for about 30 minutes at 28-30°C.

Bake at 220-230°C.

