

CROISSANTS (PANDORA)

PASTRY LEAVENED PRODUCTS FOR BREAKFAST

DIFFICULTY LEVEL







CROISSANT DOUGH

INGREDIENTS		PREPARATION
PANDORA	g 1000	Knead PANDORA, yeast and water until you obtain a velvet smooth dough.
FRESH YEAST	g 50	Shape the dough into a ball, cover it with a cloth and let it rest for 10 minutes at room
WATER - AT 20°C	g 400-420	temperature.

LAMINATED DOUGH

INGREDIENTS	PREPARATION

g 300 Roll out the dough into a rectangular layer, lay MARBUR CROISSANT onto a half and fold so MARBUR CROISSANT 20% that the other half cover the first and the sheet of butter is completely enclosed in the dough. Seal the edges well.

> Roll out in order to shape the dough into a rectangle again and make a 3-layer fold, then roll out again and make another 3-layer fold.

Let the laminated dough rest for 10 minutes.

FINISHING

INGREDIENTS

To Taste EGGS



FINAL COMPOSITION

Roll out the dough to 4 mm and cut it into triangles of the desidered weight.

Roll the triangles up well tight, from the base up, bend the tips in order to give them a crescent shape and place them onto trays.

Store into the proofer room for 60 minutes at 28-30°C with relative humidity of the 80%.

Brush the croissants with beaten egg and bake at 200°C for about 20 minutes in a deck oven.

TIPS:

-It is recommended to bake before the rising is at its maximum.

