

# RASPBERRY BAVAROISE, MOUSSE AND FROZEN DESSERT

## BASIC RECIPE

DIFFICULTY LEVEL B B B







## BASIC RECIPE FOR RASPBERRY FLAVOURED MOUSSE AND BAVAROISE

INGREDIENTS		PREPARATION
LILLY LAMPONE	g 200	Whip cream, water and LILLY LAMPONE in a planetary mixer with the whisk attachment, until
WATER	g 200	well-combined, soft and creamy.
LIQUID CREAM 35% FAT	g 1.000	ADVICE:
		- You can also use the product through indirect method: dissolve LILLY LAMPONE into water or
		milk by stirring with a whisk, then combine it to unsugared slightly whipped cream.
		- If you prefer, you can add sugar to cream.

## DAIRY-FREE BASIC RECIPE FOR RASPBERRY FLAVOURED MOUSSE AND BAVAROISE

INGREDIENTS		PREPARATION
LILLY LAMPONE	g 200	Whip vegetable cream, water and LILLY LAMPONE in a planetary mixer with the whisk
VEGETABLE CREAM	g 800	attachment, until well-combined, soft and creamy.
WATER	g 400-500	ADVICE:
		- It is recommended not to whip the mixture for too long, otherwise the mixture will become too
		firm.



## ITALIAN MERINGUE FOR FROZEN DESSERTS

INGREDIENTS		PREPARATION
TOP MERINGUE	g 335	In a planetary mixer, whip the ingredients at medium-high speed for 6-7 minutes or until
WATER	g 165	voluminous and firm.

## RASPBERRY FLAVOURED FROZEN DESSERT

INGREDIENTS		PREPARATION
LILLY LAMPONE	g 200	Dissolve LILLY LAMPONE in the water using a whisk, then combine with the Italian meringue by
WATER	g 300	stirring gently.
- (MADE WITH TOP MERINGUE)	g 500	In the end, combine to the slightly whipped cream.
LIQUID CREAM 35% FAT - SLIGHTLY WHIPPED	g 500	

#### FINISHING

## **INGREDIENTS**

MIRROR LAMPONE	To Taste
BLITZ	To Taste



#### FINAL COMPOSITION

#### FOR MOUSSE AND BAVAROISE

Lay a thin sponge cake layer at the bottom of the moulds.

Evenly fill them with the mousse, then use a spatula to smooth the surface.

Refrigerate for 2 hours or freeze for about 40 minutes.

For an eye-catching presentation, cover or decorate with MIRROR or BLITZ.

## FOR THE FROZEN DESSERTS

Pour in proper moulds and put in the blast chiller at -40°C for at least 2-3 hours.

For an eye-catching presentation, cover or decorate with MIRROR or BLITZ.

