

BRIOCHES FOR ICE CREAM AND SLUSH - MADE WITH CROISSANT PLUS

THE IDEAL PASTRY LEAVENED PRODUCT TO FILL WITH ICE CREAM OR SLUSH

DIFFICULTY LEVEL B B B







BRIOCHE DOUGH

INGREDIENTS		PREPARATION
CROISSANT PLUS	g 1000	Knead all the ingredients in the kneading machine, until you obtain a velvet smooth dough. We
YEAST	g 30-40	recommend to add the water in more than once.
UNSALTED BUTTER 82% FAT	g 50-100	Shape the dough into a ball, cover it with a plastic cloth and let it rest for 20 minutes at room
SUGAR	g 50	temperature.
EGG YOLK	g 100	Divide the dough into pieces of 70g and pieces of 10g; shape each big piece of dough into a ball
WATER	g 300-350	and flat it gently with the palm of your hand, then shape the small ones into balls too and place
		them over the bigger pieces.
		Store into the proofer room at 28-30°C with relative humidity of the 70% for 50-70 minutes.

FINISHING

INGREDIENTS

To Taste EGGS

FINAL COMPOSITION

Brush with egg, then bake at 190-200°C for 15-18 minutes.

