

HAZELNUT BAVAROISE, MOUSSE AND FROZEN DESSERT

BASIC RECIPE

DIFFICULTY LEVEL B B





BASIC RECIPE FOR HAZELNUT FLAVOURED MOUSSE AND BAVAROISE

INGREDIENTS		PREPARATION
LILLY NOCCIOLA	g 200	Whip cream, LILLY NOCCIOLA and water or milk in a planetary mixer with a whisk attachment.
WATER - OR MILK	g 250	
LIQUID CREAM 35% FAT	g 1000	

ITALIAN MERINGUE FOR FROZEN DESSERTS

INGREDIENTS		PREPARATION
	g 335 g 165	In a planetary mixer, whip the ingredients at medium-high speed for 6-7 minutes or until voluminous and firm.

HAZELNUT FLAVOURED FROZEN DESSERT

INGREDIENTS		PREPARATION
LILLY NOCCIOLA	g 200	Dissolve LILLY NOCCIOLA in the water using a whisk, then combine with the Italian meringue
WATER	g 300	by stirring gently.
- (MADE WITH TOP MERINGUE)	g 500	In the end, combine to the slightly whipped cream.
LIQUID CREAM 35% FAT - SLIGHTLY WHIPPED	g 500	



FINAL COMPOSITION

FOR MOUSSE AND BAVAROISE

Pour in proper silicone moulds and refrigerate for at least 2 hours or freeze for at least 40 minutes.

FOR THE FROZEN DESSERTS

Pour in proper silicone moulds and put in the blast chiller at -40°C for at least 2-3 hours.

