

BUTTER CROIDONUTS

FRIED LEAVENED SWEET

DIFFICULTY LEVEL B B







CROIDONUT DOUGH

INGREDIENTS		PREPARATION
CROIDONUT	g 1000	Knead CROIDONUT, water and yeast for 5-6 minutes, until the dough in well-combined but not
WATER - (5-10°C)	g 420-430	yet completely smooth.
FRESH YEAST	g 15-20	Refrigerate (5°C) for 2 hours at least.

CREAMY FILLING

INGREDIENTS		PREPARATION
TOP CREAM	g 400	Pour TOP CREAM into the mixture of water and cream and vigorously mix with a whisk
WATER	g 800	immediately after.
LIQUID CREAM 35% FAT	g 400	Let the mixture rest for 5 minutes, then stir for a short time to get a perfect creamy texture.

LAMINATED DOUGH

INGREDIENTS		PREPARATION
LAMINATED BUTTER	g 250	Roll out the dough into a rectanglular layer, lay the sheet of butter onto a half and fold so that the
		other half cover the first and the sheet of butter is completely enclosed in the dough. Seal the
		edges well.
		Roll out in order to shape the dough into a rectangle again and make a 3-layer fold. Repeat this



step twice again, having care to let the dough rest for 10-15 minutes between a fold and the following one.

At the end of the laminating, let the dough rest for another 10-15 minutes.

FINISHING

INGREDIENTS

FONDANT SOFT To Taste
CHOCOSMART CIOCCOLATO To Taste
CASTER SUGAR To Taste
FINE CINNAMON POWDER To Taste

FRYING

INGREDIENTS

FRITTOIL To Taste

FINAL COMPOSITION

After the rest time, roll the laminated dough to 12-15mm, then cut into 9-10cm diameter discs.

Cut out a smaller round with 3.5-4 cm of diameter in the middle of each disc, in order to form a donut shape.

Put into the proofer room for about 2 hours at 25-26°C, with relative humidity of about the 70%.

Fry the croidonuts in FRITTOIL at 180-190°C for 1 minute for each side.

Cut each croidonut in two or three layers and fill them with the creamy filling.

Lightly flavour the sugar with some cinnamon and roll the croidonuts into it.

In the end, decorate the top of the sweets with FONDANT SOFT or CHOCOSMART or as your immagination suggests you.



Serve the croidonuts when still lukewarm to enjoy them most.

TIP - For best results, fry the croidonuts before the rising is at its maximum.

AMBASSADOR'S TIPS

Glaze the croidonuts with COVERDECOR to add some creativity to the decoration.

