

PRIMO IMPASTO

INGREDIENTS

CEREAL'EAT LIEVITATI	g 6.000
WATER	g 2.700
UNSALTED BUTTER 82% FAT	g 1.100
CASTER SUGAR	g 270
EGG YOLKS	g 450
YEAST	g 65

PREPARATION

Start kneading the first dough with all the ingredients and 2/3 of the water; when the dough begind to take shape, add the remaining water gradually and continue working until a smooth and elastic consistency is obtained. Check that the dough temperature is between 26-28°C. Leave to rise at 24°C for 12-14 hours or until the volume has guadrupled; in the morning the dough should appear flattened. Add the indicated guantities of CEREAL'EAT LIEVIATI, sugar, honey and salt; knead for some minutes then gradually add the egg volks and continue working to achieve a smooth consistency. Add gradually 34 of the indicated guantity of butter and then delicately add the remaining butter (melted at low temperature) and diced fruit. Check that the dough temperature is 26-28°C. Put in a rising room at 30°C for 50-60 minutes; divide into pieces of the required size, roll them up, place them on baking tins or boards and leave to 'rest' for another 15-20 minutes. Roll them up again, forming long loaf shapes and put them in suitable paper moulds. Put in a rising room at 28-30°C with relative humidity of about 70%, until the top of the dough almost sticks out of the moulds; if the room does not have a humidifier, the dough should be covered with plastic sheets. Leave the 'Colombe' exposed to the air for 10 minutes until a film appears on the surface. Cover with MANDORGLASS QUICK or BRIO BIG icing, decorate with almonds, sprinkle with granulated sugar and finally dust with icing sugar. Bake at 170-180°C, time depending on weight (reach 92-95° at the centre). The products must be wrapped in Molpefan bags the morning after baking.

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CEREAL'EAT LIEVITATI	g 4.000	Sta beg
EGG YOLKS	g 2.100	ano Lea
UNSALTED BUTTER 82% FAT	g 2.000	dou hor
CASTER SUGAR	g 730	to a
HONEY	g 270	del

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STEP 3		
INGREDIENTS		
BRIOBIG	g 1000	
EGG WHITES	g 600-650	
STEP 4		
INGREDIENTS		
ALMONDS	To Taste	

PEARL SUGAR

CONFECTIONER'S SUGAR

To Taste To Taste

