

# **LAVENDER**

# SINGLE-PORTION WITH A FLOREAL FLAVOUR

DIFFICULTY LEVEL B B





## FRUIT JELLY

INGREDIENTS		PREPARATION
LILLY NEUTRO	g 100	Dissolve LILLY into water.
FRUTTIDOR MIRTILLO - AT ROOM TEMPERATURE	g 400	Combine to FRUTTIDOR.
WATER - LUKEWARM	g 100	Pour into a silicone mould for inserts and freeze.

### LAVENDER MOUSSE

INGREDIENTS		PREPARATION
LILLY NEUTRO	g 200	Steep the lavander flowers in the water overnight.
DRIED LAVENDER FLOWERS	g 15	Sieve the brew and combine to LILLY.
WATER	g 300	Gently combine to the lightly whipped cream to create a soft mousse.
LIQUID CREAM 35% FAT - LIGHTLY WHIPPED	g 1000	

### LILAC FROST

INGREDIENTS		PREPARATION
MIRROR CIOCCOLATO BIANCO - HEATED TO 45°C	To Taste	Combine the two ingredients without incorporating air.
FOOD COLOURANT - WATER-SOLUBLE, LILAC	To Taste	



#### FINAL COMPOSITION

Half-fill the silicone mould with the mousse and insert the frozen jelly, then spread another veil of mousse and cover with a layer of rollè.

Put in the blast chiller until frozen.

Remove from mould and glaze with the coloured MIRROR.

Place onto support made of shorcrust pastry and decorate as you like.

#### RECIPE CREATED FOR YOU BY MATTEO REGHENZANI

PASTRY CHEF

