

PUT YOUR HEART INTO IT

VALENTINE'S DAY CHOCO BON BON

DIFFICULTY LEVEL B B





CHOCOLATE OUTER SHELL

INGREDIENTS		PREPARATION
EDIBLE GOLD	To Taste	Place some edible gold flakes inside the polycarbonate mould using tweezers.
BURRO DI CACAO - RED COLOURED, TEMPERED AT 28°C	To Taste	Spray the red coloured cocoa butter on the inside of the mould and let crystallize.
SINFONIA CIOCCOLATO BIANCO 33% - TEMPERED	To Taste	Fill the mould with the chocolate, shake gently, then remove the chocolate in excess in order to
		create a thin chocolate shell.
		Clean the mould from the excess and let crystallize.

STRAWBERRY FLAVOURED GANACHE

INGREDIENTS		PREPARATION
MIRROR FRAGOLA - HEATED TO 45°C	g 400	Use an immersion blender to emulsify all the ingredients without incorporating air.
SINFONIA CIOCCOLATO BIANCO 33%	g 200	Use the ganache at 28°C.
BURRO DI CACAO	g 20	

RED FRUIT CRUNCHY FILLING

INGREDIENTS		PREPARATION
SINFONIA CIOCCOLATO BIANCO 33% - MELTED AT A 40°C	g 200	Mix the two products until well combined.
PRALIN DELICRISP FRUITS ROUGES	g 400	Use the ganache at 28°C.



FINAL COMPOSITION

Half-fill the chocolate shell with the strawberry ganache.

Let crystallize until fully hardened, then fill it up with the crunchy filling, having care to leave a space of couple of millimeter to the edge.

Let crystallize.

When fully crystallized, close the choco bon bon with the tempered chocolate.

Wait for the choco bon bons to be fully crystallized before unmoulding.

RECIPE CREATED FOR YOU BY FEDERICO VEDANI

CHOCOLATIER AND PASTRY CHEF

