

CHOCOLATE FRUITS

MODERN MILK CHOCOLATE SINGLE-PORTION WITH ALMOND AND ORANGE

DIFFICULTY LEVEL B B





ALMOND SHORTCRUST PASTRY

INGREDIENTS		PREPARATION
TOP FROLLA	g 500	Mix all ingredients together and refrigerate for 2 hours at least.
UNSALTED BUTTER 82% FAT	g 225	Use a dough sheeter to roll out the shortcrust pastry in a 3-4 mm thick pastry sheet and bake
EGGS	g 50	at 170-180°C.
ALMOND FLOUR	g 150	

ALMOND JELLY

INGREDIENTS		PREPARATION
MILK	g 100	Emulsify water, milk, LILLY NEUTRO and MOGADOR PREMIUM.
WATER	g 100	Half-fill the silicone mould for inserts and freeze.
LILLY NEUTRO	g 45	
MOGADOR PREMIUM	g 200	



ORANGE JELLY

INGREDIENTS		PREPARATION
FRUTTIDOR ARANCIA	g 400	Blend water, LILLY NEUTRO and FRUTTIDOR ARANCIA.
WATER	g 60	Pour the orange jelly in the same silicone mould for inserts, onto the frozen almond jelly, and
LILLY NEUTRO	g 60	freeze.

MILK CHOCOLATE MOUSSE

INGREDIENTS		PREPARATION
SINFONIA CIOCCOLATO AL LATTE 38%	g 600	Emulsify liquid cream and chocolate in order to prepare a ganache.
LIQUID CREAM 35% FAT	g 350	Whip the liquid cream with water and LILLY NEUTRO, then add it to the ganache while stirring
LIQUID CREAM 35% FAT	g 600	gently.
WATER	g 70	
LILLY NEUTRO	g 70	

GLAZING AND DRESSING

INGREDIENTS

MIRROR CIOCCOLATO

FINAL COMPOSITION

Half-fill the silicone mould with the chocolate mousse, then place the freezed jellified insert; cover with other mousse and close with the shortcrust pastry base, previously covered with PRALIN DELICRISP CLASSIC.

Put it in the blast chiller and leave until it is completely frozen.

Remove from the mould, glaze with MIRROR CIOCCOLATO heated at 45-50°C, some spots of coppery hydroalcoholic colour and dress the top of the single-portion with slices of CHOCOLATE ORANGE LID.



RECIPE CREATED FOR YOU BY MATTEO REGHENZANI

PASTRY CHEF

