# SAVARIN BRIOCHES CITRUS AND BERGAMOT

# CITRUS AND BERGAMOT SAVARIN

DIFFICULTY LEVEL

### **SAVARIN DOUGHT**

| INGREDIENTS             |        | PREPARATION   |
|-------------------------|--------|---|
| DOLCE FORNO             | g 1000 | Mix the DOLCE FORNO - flour - yeast - salt and 350 g of cold eggs in a planetary mixer with a         |
| TYPE 00 WHITE FLOUR     | g 200  | leaf.   |
| EGGS                    | g 1050 | When the dough begins to form add the remaining eggs in stages, until a good gluten mesh is           |
| UNSALTED BUTTER 82% FAT | g 300  | created (about 20 minutes).   |
| FRESH YEAST             | g 30   | Finally add the soft butter in 2-3 times until completely absorbed.                                   |
| SALT                    | g 25   | Cover the bowl with plastic wrap and leave to double in volume in the cold room at 26-28°C            |
|                         |        | (about 2 hours).  |
|                         |        | Knead again for a few minutes.  |
|                         |        | With the help of a pastry bag, fill the mold up to halfway and let it rise at 28/30°C until the dough |
|                         |        | reaches the top of the mould.   |
|                         |        | Bake at about 160°C in a fan oven for 12/15 minutes.  |

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| INGREDIENTS  |       | PREPARATION   |
|--|-------|---|
| WATER  | g 500 | Bring the water and sugar to the boil.  |
| CASTER SUGAR   | g 500 | Once the syrup is around 45-50°C, add the fruit pulp and mix with an immersion blender. |
| TANGERINE PUREE - PROFUMI D'ITALIA MANDARINO DI CIACULLI CESARIN | g 150 |   |



#### INGREDIENTS

MIRAGEL SPRAY NEUTRO

To Taste

#### FINAL COMPOSITION

Immerse the savarins in the citrus syrup heated to 65-70°C for about 30-45 minutes.

Squeeze them lightly to remove the excess syrup and put them on a rack to drain.

Cover the savarins with MIRAGEL SPRAY.

Insert a little Profumi D'Italia Bergamotto into the typical slot of the savarin and then arrange the dessert in Tartelette Cup Dobla in dark chocolate.

Decorate with silver foil.

## RECIPE CREATED FOR YOU BY ANTONIO LOSITO

PASTRY CHEF AND GELATO MAKER

