SPRING TART

SHORTCRUST PASTRY

INGREDIENTS		PREPARATION
TOP FROLLA	g 500	mix
UNSALTED BUTTER 82% FAT	g 200	all the ingredients in the planetary mixer with
CONFECTIONER'S SUGAR	g 50	leaf until you get a well dough
EGGS	g 50	amalgamated Put between two sheets of paper from
		oven and roll out to a thickness of 1 5 mm,
		blast chilled then cut into strips
		and lining the micro-perforated rings for
		single portions, with the cookie cutter print the
		base and cook on a micro-perforated tray

170

degrees for 15 minutes

RASPBERRY AND STRAWBERRY JELLY

INGREDIENTS	
RASPBERRIES PURÉE	g 125
STRAWBERRY PURÉE	g 125
WATER	g 25
LILLY NEUTRO	g 50

PREPARATION

25	Mix
25	the Lilly Neutro with pulp
5	heated in microwave Mix with a

about 15 minutes

¹⁰ hand blender until a mixture is obtained homogeneous Pour into silicone molds a hemisphere Ø 4 cm/ 3 cm and freeze Unmould and gelatinize before placing in the center of the tartlet

FINANCIER WHITE CHOCOLATE AND ALMONDS

INGREDIENTS		PREPARATION
AVOLETTA	g 500	Mix and sift the powders
FLOUR	g 50	avoletta, flour, corn starch and
VIGOR BAKING	g 3	baking). melt the chocolate,
CORNSTARCH	g 30	insert the soft butter e
EGG WHITES	g 370	make a ganache. Merge the
UNSALTED BUTTER 82% FAT	g 80	powdered egg whites then
SINFONIA CIOCCOLATO BIANCO 33%	g 150	add the ganache . Knock down
		on baking sheet lined with parchment paper
		oven and cook at 180 180°C for 12



CARAMEL FILLING

INGREDIENTS		PREPARATION
TOFFEE D'OR CARAMEL	To Taste	arrange a thin layer of toffe d'or caramel on the bottom of the tartlet

WHITE CHOCOLATE AND MASCARPONE NAMELAKA

INGREDIENTS		PREPARATION
FULL-FAT MILK (3,5% FAT)	g 500	Warm up
GLUCOSIO	g 20	slightly fresh milk with the
LILLY NEUTRO		glucose, add the Lilly Neutral then the
SINFONIA CIOCCOLATO BIANCO 33%	g 330	white chocolate and make a ganache
MASCARPONE CHEESE	g 300	Insert the mascarpone and finally the cream
FRESH CREAM	g 750	at a temperature of about 55°C
JOYPASTE VANIGLIA MADAGASCAR/BOURBON	g 25	obtain a liquid mixture to be matured
		in the fridge for a whole night The day
		following, whip lightly in the planetary mixer
		with whip





SOFT COMPOTE OF LIME AND LEMON

INGREDIENTS

LIME JUICE	g 300	l
LEMON JUICE	g 300	j
GRATED LIME ZEST	g 15	i
BASIL	8	;
ZUCCHERO INVERTITO	g 125	ļ
CASTER SUGAR	g 125	ł
RICE STARCH	g 65	
		- 4

PREPARATION

g 300	Mix
g 300	juices with syrup
g 15	invert sugar, the basil leaves and the
8	zests Mix the mixture and bring to
g 125	5050°C Add the sugar mixed with
g 125	the rice starch Bring to the boil, cook for
g 65	2 minutes, cool

FINAL COMPOSITION

Pour into the bottom of the tartlet a thin layer of Toffee D'Or Caramel, place a disk of Financier then get flush with the tartlet with the soft compote of lime and lemon. Set up lightly the namelaka and make a daisy a six petals on a sheet of acetate (keep the same diameter of the tartlet). With another sheet of acetate, lightly crush the daisy (to flatten it) and break down into the negative. Unmold and spray with neutral jelly. Place on the tartlet and finish with the hemisphere of raspberry and strawberry jelly arranged in the center.

RECIPE CREATED FOR YOU BY OMAR BUSI

PASTRY CHEF AND CHOCOLATIER