TART ASPARAGUS SPECK AND PEPPERS



SALTY SHORTCRUST

INGREDIENTS		PREPARATION
TOP FROLLA SALATA	g 1000	Mix the savory pastry top, eggs and butter (20°-22°) in a planetary mixer, using the leaf
EGGS	g 100	attachment.
UNSALTED BUTTER 82% FAT	g 400	When the mixture is uniform and compact, add the peppers and mix for a few seconds.
POMODORI HG CESARIN	g 300	roll out, print and line the shortcrust pastry tartlets.

SPECK QUICHE

INGREDIENTS		PREPARATION
LIQUID CREAM	g 200	Using a whisk, mix the eggs, egg yolks, grated parmesan, salt, pepper and nutmeg. Add the hot
MILK	g 50	cream and milk to the mixture and mix well. Then brown the speck in a pan with a little olive oil.
EGG YOLKS	g 20	Place the speck on the bottom of the tartlets and fill with the quiche up to 3/4 of the capacity.
EGGS	g 100	Cook for about 18 minutes at 155°.
	g 50	
SALT	g 5	
	g 2	
	g 1	
SPECK - CUBES	g 50	



ASPARAGUS ASPIC

INGREDIENTS		PREPARATION
ASPARAGUS	g 100	Boil the asparagus in water. Season them with salt,
WATER	g 60	pepper and a drizzle of oil. Prepare the gelatin by mixing it in 50 g of warm water.
GELATIN POWDER OR SHEETS 200 BLOOM	g 3	Place the seasoned asparagus tips into the silicone half spheres and fill to the brim with
SALT	g 1	the gelatin solution. Breaking down negatively
	g 0,5	
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FINAL COMPOSITION

After cooking the tartlets with asparagus quiche, wait for them to cool.

Remove the half spheres of aspic and place them on the tartlets. Brush the olive domes to shine them.

RECIPE CREATED FOR YOU BY CIRO CHIUMMO

PASTRY CHEF

