

# YUZU BABA'

## LEAVENED SINGLE PORTION

DIFFICULTY LEVEL B B





### BABA'

INGREDIENTS		PREPARATION
DOLCE FORNO MAESTRO	g 500	In a stand mixer with hook mix DOLCE FORNO MAESTRO, flour, salt, yeast and only 600
MANITOBA FLOUR	g 500	grams of cold eggs.
YEAST	g 25	Knead at speed 2 for about 10 minutes until a good gluten mesh is formed.
SALT	g 15	Continue adding the remaining eggs a little at time until completely absorbed, yoy will get a very
UNSALTED BUTTER 82% FAT	g 250	soft but elastic mixture.
EGGS	g 1050	Finally add the butter with a soft consistency in two or three times.
		Leave the dough to rise in a leavening room at 28-30°C for about 1 hour and in any case until it
		has doubled in volume.
		Mix again with a hook for another 4-5 minutes.
		Dress the dough in cylindrical moulds with central hole.
		Let the dough rise in a leavening cell at 28°C max for about 1 hour.
		Bake in a ventilated oven at 170° C for about 20 minutes.
		Once out of the oven, remove the babà from the moulds and let it cool down.



#### **YUZU SYRUP**

INGREDIENTS		PREPARATION
WATER	g 1000	Bring to a boil the water with the sugar.
CASTER SUGAR	g 500	Once the mixture reaches 45-50°C add the fruit purèe and mix.
YUZU PUREE	g 250	

#### YUZU WHIPPED GANACHE

INGREDIENTS		PREPARATION
LIQUID CREAM 35% FAT	g 265	Bring the liquid cream (1) with the water to a boil.
SINFONIA CIOCCOLATO BIANCO 33%	g 145	Add LILLY NEUTRO and stir with a whisk.
WATER	g 25	Pour the liquid cream on SINFONIA CIOCCOLATO BIANCO and emulsify
LILLY NEUTRO	g 25	Pour in gently the cold liquid cream (2) and emulsify.
YUZU PUREE	g 120	Lastly, add the yuzu purèe and mix.
LIQUID CREAM 35% FAT	g 265	Cover with a plastic wrap and place it in a refrigerator for a night.

#### **GELATINE**

INGREDIENTS		PREPARATION
RIFLEX SPRAY NEUTRO	To Taste	Bring to a slight boil



#### FINAL COMPOSITION

Soak the babà into the yuzu warm syrup previously heated at 65°-70°C for about 5-10 minutes.

Squeeze gently them to remove the extra syrup and then place them on a wire rack.

Cover with RIFLEX SPRAY NEUTRO.

Cut the babà in half and fill it with yuzu whipped ganache.

Decorate with CURVY HEART GREEN e DAISY DOBLA.

#### RECIPE CREATED FOR YOU BY MATTEO REGHENZANI

PASTRY CHEF

